

MENU WEEK 1	MON	TUES	WED	THURS	FRI	SAT	SUN
BREAKFAST	Fruit Juice <b>Cereal</b> Porridge Weetabix Prunes Grapefruit Cornflakes Toast & Marmalade or Bread & Butter	Fruit Juice <b>Cereal</b> Porridge Weetabix Prunes Grapefruit Cornflakes Toast & Marmalade or Bread & Butter	Fruit Juice <b>Cereal</b> Porridge Weetabix Prunes Grapefruit Cornflakes Toast & Marmalade or Bread & Butter	Fruit Juice <b>Cereal</b> Porridge Weetabix Prunes Grapefruit Cornflakes Toast & Marmalade or Bread & Butter	Fruit Juice <b>Cereal</b> Porridge Weetabix Prunes Grapefruit Cornflakes Toast & Marmalade or Bread & Butter	Fruit Juice <b>Cereal</b> Porridge Weetabix Prunes Grapefruit Cornflakes Toast & Marmalade or Bread & Butter	Fruit Juice <b>Cereal</b> Porridge Weetabix Prunes Grapefruit Cornflakes Toast & Marmalade or Bread & Butter
LUNCH	<b>Sausage Casserole</b> Parsley sauce Creamed Potatoes Carrots Celery  Peaches and Evaporated Milk	<b>Steak &amp; Kidney Pie</b> Mashed potatoes Mixed Veg Cabbage  Rice Pudding	<b>Baked Gammon</b> Croquette Potatoes Broccoli Frozen Baby Carrots  Lemon Meringue Pie	<b>Roast Pork</b> Apple Sauce Stuffing Roast & Creamed Potatoes Mashed Swede Cauliflower  Jam or syrup sponge & custard	<b>Fish or Egg &amp; Chips</b> Peas    Rhubarb & Custard	<b>Roast Chicken</b> Stuffing Roast Potatoes & Creamed Potatoes Bread Sauce Brussels Carrots  Apricots & Custard	<b>Roast Beef</b> Horseradish Sauce Yorkshire Pudding Roast Potatoes & Creamed Potatoes Roast parsnips Broccoli Cauliflower  Apple & Custard
TEA	Cherry Cake	Chocolate Cake	Fruit Cakes	Lemon cake	Victoria Sponge	Battenberg Cake	Scones & Jam
SUPPER							

ALTERNATIVE CHOICE ALWAYS AVAILABLE:

COLD MEAT & SALAD OR A VEGETARIAN OPTION  
 SCRAMBLED EGG  
 SANDWICHES: CHEESE / HAM / SARDINE / CORNED BEEF  
 CHEESE & BISCUITS  
 FRESH FRUIT