

MENU WEEK 2	MON	TUES	WED	THURS	FRI	SAT	SUN
BREAKFAST	Fruit Juice <b>Cereal</b> Porridge Weetabix Prunes Grapefruit Cornflakes Toast & Marmalade or Bread & Butter	Fruit Juice <b>Cereal</b> Porridge Weetabix Prunes Grapefruit Cornflakes Toast & Marmalade or Bread & Butter	Fruit Juice <b>Cereal</b> Porridge Weetabix Prunes Grapefruit Cornflakes Toast & Marmalade or Bread & Butter	Fruit Juice <b>Cereal</b> Porridge Weetabix Prunes Grapefruit Cornflakes Toast & Marmalade or Bread & Butter	Fruit Juice <b>Cereal</b> Porridge Weetabix Prunes Grapefruit Cornflakes Toast & Marmalade or Bread & Butter	Fruit Juice <b>Cereal</b> Porridge Weetabix Prunes Grapefruit Cornflakes Toast & Marmalade or Bread & Butter	Fruit Juice <b>Cereal</b> Porridge Weetabix Prunes Grapefruit Cornflakes Toast & Marmalade or Bread & Butter
LUNCH	<b>Cottage Pie</b>  Cabbage Swede   Jam Sponge & Custard	<b>Braised Beef &amp; Dumplings</b>  Creamed Potatoes Brussels Broccoli   Rice Pudding	<b>Roast Pork</b>  Apple Sauce Stuffing Roast and Creamed Potatoes Cauliflower Peas  Queen of Puddings	<b>Baked Gammon</b>  Mashed Potatoes Celery Carrots   Semolina	<b>Fish or Egg</b>  Chips or creamed Potatoes Peas   Apricots & Custard	<b>Roast Chicken</b>  Stuffing Bread Sauce Roast Potatoes & Creamed Potatoes Broccoli Carrots  Pears & Cream	<b>Roast Beef</b> Horseradish Sauce Yorkshire Pudding Roast Potatoes & Creamed Potatoes Roast parsnips Green Beans Cauliflower Rhubarb Crumble & Custard
TEA	Lemon Cake	Victoria Sponge	Viennese Fingers	Jam Tarts	Cherry Cake	Fruit Cake	Scones and Jam
SUPPER							

ALTERNATIVE CHOICE ALWAYS AVAILABLE:

COLD MEAT & SALAD  
 SCRAMBLED EGG  
 SANDWICHES: CHEESE / HAM / SARDINE / CORNED BEEF  
 CHEESE & BISCUITS  
 FRESH FRUIT  
 VEGETARIAN OPTION